

ASA National Youth Championships
Ponds Forge International Sports Centre, Sheffield
Tuesday 29th July – Saturday 2nd August 2008
(Events for swimmers with a Disability are Open Events)

Programme of Events

Tuesday 29 th July 2008	Wednesday 30 th July 2008	Thursday 31 st July 2008	Friday 1 st August 2008	Saturday 2 nd August 2008
Session One - Heats	Session Four - Heats	Session Seven - Heats	Session Ten - Heats	Session Thirteen - Heats
Girls 400m I.M. Boys 400m Freestyle MD M 200m Free MD W 200m Free Girls 200m Butterfly Boys 100m Backstroke Girls 100m Freestyle MD M 400m Free MD W 400m Free Boys 200m Breaststroke Girls 200m Backstroke Boys 4 x 100m Free Team MD M 50m Breast MD W 50m Breast	MD M 50m Free MD W 50m Free Boys 200m Butterfly Girls 400m Freestyle Boys 100m Freestyle Girls 200m Breaststroke MD M 100m Butterfly MD W 100m Butterfly Boys 200m I.M. Girls 4 x 100m Free Team MD M 150m IM MD W 150m IM	MD M 100m Back MD W 100m Back Girls 200m Freestyle Boys 200m Backstroke Girls 100m Butterfly MD M 200m IM MD W 200m IM Boys 4 x 200m Free Team	Boys 200m Freestyle MD M 100m Breast MD W 100m Breast Girls 100m Backstroke Boys 100m Breaststroke Girls 200m I.M. Boys 100m Butterfly Girls 100m Breaststroke MD M 50m Back MD W 50m Back Boys 50m Freestyle Girls 4 x 200m Free Team	Boys 400m I.M. MD M 50m Fly MD W 50m Fly Girls 50m Freestyle Boys 4 x 100m Medley Team Girls 4 x 100m Medley Team MD M 100m Free MD W 100m Free
Session Two - Heats	Session Five - Heats	Session Eight - Heats	Session Eleven – Heats	
Girls 1500m Free HDW	Boys 1500m Free HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW	Youth 3K Championship
Session Three Semi-finals & Finals	Session Six Semi-finals & Finals	Session Nine Semi-finals & Finals	Session Twelve Semi-finals & Finals	Session Fourteen Semi-finals & Finals
Girls 14/15 400m I.M. – Final Girls 16/17 400m I.M. - Final Boys 15/16 200m Breast – Final Boys 17/18 200m Breast – Final MD M 200m Free - Final MD W 200m Free - Final Girls 14/15 200m Butterfly – Final Girls 16/17 200m Butterfly - Final Boys 15/16 400m Freestyle – Final Boys 17/18 400m Freestyle – Final MD M 400m Free - Final MD W 400m Free - Final Girls 14/15 200m Backstroke – Final Girls 16/17 200m Backstroke – Final Boys 15/16 100m Backstroke - Semi Boys 17/18 100m Backstroke - Semi Girls 14/15 100m Freestyle – Semi Girls 16/17 100m Freestyle – Semi MD M 50m Breast - Final MD W 50m Breast - Final Boys 4 x 100m Free Team - Final	Girls 14/15 400m Freestyle – Final Girls 16/17 400m Freestyle – Final MD M 50m Free - Final MD W 50m Free - Final Boys 15/16 100m Backstroke – Final Boys 17/18 100m Backstroke - Final Girls 14/15 100m Freestyle – Final Girls 16/17 100m Freestyle – Final Boys 15/16 200m Butterfly – Final Boys 17/18 200m Butterfly – Final MD M 100m Butterfly - Final MD W 100m Butterfly - Final Boys 15/16 200m I.M. – Semi Boys 17/18 200m I.M. - Semi Girls 14/15 200m Breast – Final Girls 16/17 200m Breast – Final Boys 15/16 100m Freestyle – Semi Boys 17/18 100m Freestyle – Semi MD M 150m IM - Final MD W 150m IM - Final Girls 4 x 100m Free Team - Final	Boys 15/16 100m Freestyle – Final Boys 17/18 100m Freestyle – Final MD M 100m Back - Final MD W 100m Back - Final Girls 14/15 200m Freestyle – Semi Girls 16/17 200m Freestyle – Semi Boys 15/16 200m I.M. – Final Boys 17/18 200m I.M. - Final Boys 15/16 200m Back – Final Boys 17/18 200m Back – Final MD M 200m IM - Final MD W 200m IM - Final Girls 14/15 100m Butterfly – Semi Girls 16/17 100m Butterfly - Semi Boys 4 x 200m Free Team - Final	Boys 15/16 50m Freestyle – Semi Boys 17/18 50m Freestyle - Semi Girls 14/15 100m Butterfly – Final Girls 16/17 100m Butterfly – Final MD M 100m Breast - Final MD W 100m Breast - Final Boys 15/16 100m Butterfly – Semi Boys 17/18 100m Butterfly -- Semi Girls 14/15 200m Freestyle – Final Girls 16/17 200m Freestyle – Final Boys 15/16 200m Freestyle – Semi Boys 17/18 200m Freestyle – Semi Girls 14/15 100m Breast – Semi Girls 16/17 100m Breast - Semi Girls 14/15 200m I.M. – Semi Girls 16/17 200m I.M. - Semi Boys 15/16 100m Breast – Semi Boys 17/18 100m Breast - Semi Girls 14/15 100m Backstroke – Semi Girls 16/17 100m Backstroke – Semi MD M 50m Back - Final MD W 50m Back - Final Boys 15/16 50m Freestyle – Final Boys 17/18 50m Freestyle – Final Girls 4 x 200m Free Team – Final	Girls 14/15 50m Freestyle – Semi Girls 16/17 50m Freestyle – Semi MD M 50m Fly - Final MD W 50m Fly - Final Boys 15/16 400m I.M. – Final Boys 17/18 400m I.M. – Final Girls 14/15 100m Backstroke – Final Girls 16/17 100m Backstroke - Final Boys 15/16 100m Breast – Final Boys 17/18 100m Breast - Final Girls 14/15 100m Breast – Final Girls 16/17 100m Breast - Final Boys 15/16 200m Freestyle – Final Boys 17/18 200m Freestyle - Final Girls 14/15 200m I.M. – Final Girls 16/17 200m I.M. – Final MD M 100m Free - Final MD W 100m Free - Final Boys 15/16 100m Butterfly – Final Boys 17/18 100m Butterfly - Final Girls 14/15 50m Freestyle – Final Girls 16/17 50m Freestyle - Final Boys 4 x 100m Medley Team - Final Girls 4 x 100m Medley Team – Final